

# Sprouts

Wallingford Presbyterian Church  
Christian Fellowship for 1<sup>st</sup> - 5<sup>th</sup> Grades



**February 5th (6-8:00pm)**

**Remembering African American  
History Through Spirituals**

February is African American History month. With the help of a special guest, we will spend our time together this month remembering the experiences of African Americans who tried to escape slavery using the Underground Railroad. We'll trace the routes of several Underground Railroad routes, sing spirituals, which functioned both to express slaves' faith and to secretly signal escapes to the north.

We will also talk about scripture passages which were cited by abolitionists in their arguments against slavery.

*We'll end our evening by making hygiene kits for the homeless women and men who attend Broad Street Ministry's Overnight Café.*

***As always, dinner will be served at Sprouts!***

## **COMING NEXT MONTH!**

**March 12, 2009 (6-7:30pm) Experiencing the Labyrinth: Walking Our Prayers**

Lent is a special time of prayer and reflection for Christians, as they deepen their faith in anticipation of Easter. We will participate in Lent through walking an ancient Christian prayer path, called a labyrinth. Sprouts will enter the labyrinth one at a time, and walk along the path traced on the floor. Along the path, they will encounter different items which represent characteristics of God, which they will think about as they walk. At the end, the Sprouts will have a chance to talk about the experience. We will also make origami prayer paper cranes.



**Questions: Contact Pastor Rob 610-566-1644 ext. 13 or [rob@wallingfordpres.org](mailto:rob@wallingfordpres.org)**